



**Having your Learning Disability
Annual Health Check? Do you**

REASONABLE

ADJUSTMENTS ?

**You can find more information and resources at
[www.nelldnetwork.co.uk/work-programmes/
reasonableadjustments](http://www.nelldnetwork.co.uk/work-programmes/reasonableadjustments)**



Getting your Learning Disability Annual Health Check

 	Anybody with a learning disability age 14+ on the GP Learning Disability Register can have a Learning Disability Annual Health Check.
	Learning Disability Annual Health Checks are important as they help you to stay well.
 	Your GP Practice will invite you for your Learning Disability Annual Health Check every year.
	You can find out more about Learning Disability Annual Health Checks at www.necdnetwork.co.uk/work-programmes/primary-care/ahcs
	Some people will need reasonable adjustments to help them have a good Learning Disability Annual Health Check. Remember to tell your GP Practice if you need reasonable adjustments.
	Find out more about reasonable adjustments at www.necdnetwork.co.uk/work-programmes/reasonableadjustments
	Before your Learning Disability Annual Health Check you might be asked to fill out an easy read questionnaire to help the Doctor or Nurse get some more information about you.
	After your Learning Disability Annual Health Check your Doctor or Nurse will give you a Health Action Plan to support you to keep well.